



Spring 2019 PPG Newsletter

Representing patient's views since October 2011 at Rosebank Surgery (Stroud Road, Gloucester, Severn Vale Surgery Quedgeley and now the new Kingsway Health Centre, Kingsway, Quedgeley.



Did you know that all patients are welcome to join the Patient Participation Group?

We meet with representatives from the Practice four times each year.

We discuss any issues raised by patients, plan our events & discover the latest updates from the Practice.



To raise any issues or concerns or to make suggestions and share your ideas, please contact the PPG. **It is important to note that you must not discuss any personal, medical or**

Confidential matter with us;

Please contact the surgery in the normal way for anything like that.

See the bottom of this page to get in touch with the PPG.

Cervical smear: The 30-second test that could save your life

The NHS advises women between the ages of 25-49 to have a cervical smear test every three years, but many avoid doing so because of fear or embarrassment. The test checks the health of cells in the cervix. Detecting abnormal cells early, and having appropriate treatment, can help prevent cervical cancer. Women aged 50-64 are advised to have the test every five years.

A cervical screening test (previously known as a smear test) is a method of detecting abnormal cells on the cervix. Most women's test results show that everything is normal, but for around 1 in 20 women the test shows some abnormal changes in the cells of the cervix. Most of these changes will not lead to cervical cancer and the cells may go back to normal on their own.

Nevertheless, in some cases, the abnormal cells need to be removed so they cannot become cancerous. About 3,000 cases of cervical cancer are diagnosed each year in the UK. It is possible for sexually active women of all ages to develop cervical cancer, although the condition is most common in women aged 30 to 45. The condition is very rare in women under 25.

The cervical screening programme: - The aim of the NHS Cervical Screening Programme is to reduce the number of women who develop cervical cancer and reduce the number who die from it. Since the screening programme was introduced in the 1980s, the number of cervical cancer cases has decreased by about 7% each year.

For more information WWW.jostrust.org.uk

During the meetings that the Patient Participation Group (PPG) hold with the Staff and Doctors of Rosebank Health

Certain things keep coming up:- DNA's. People who do not turn up for appointments

The practice has set up a special phone line for people to cancel the appointment that's 01452 505256, or via the Rosebank Health website, a lot of patients do advise the surgery that the appointment is no longer required, which we thank them for doing. As that means that space is now free and can be offered to a patient phoning in.

The PPG gets a monthly update on all the figures, the latest set are about a normal quarters report. The Last quarter showed that the Rosebank Practice, over its three sites has a current practice population is **24,527**. The population figure increases daily with the growth of Kingsway, Hunts Grove and Hardwicke.

In the last quarter (October to December 2018) there were **27,552** appointments booked of these **1,704** where DNA's (i.e. the patient did not attend the appointment), **this is equivalent to losing appointments for one full time GP.**

We would really like to see the numbers of DNA's fall dramatically to help the Rosebank Practise to be able to continue to offer top quality provision and availability to all its patients. The practice doctors and support team have made it as easy to cancel an appointment as possible; it is now up to the patients to assist in reducing the number of **DID NOT ATTEND'S**.

If you pull a muscle or strain an arm or leg.

You can **SELF REFER** yourself to the hospital on **0300 422 2507**, if it's a child **0300 421 6980** or on-line www.gloshospitals.nh.uk/physio a self referral form is there is no need to book a Doctor's appointment for them to refer you to see a Physiotherapist.

To contact the surgery: phone

Rosebank on **01452 543000** or Severn Vale on **01452 720011**

To contact the PPG: e-mail: ppg.rosebankhealth@nhs.net or leave a message in one of our surgery mailboxes.